

**ATTITUDE
IS EVERYTHING.**

MOTIVE  GROUP

SOME QUESTIONS TO START

How do you define attitude?

Are attitudes contagious?

What causes or might influence someone to adopt or maintain a “bad” attitude in the workplace?

Who controls your attitude?

If we really do “choose” our attitude, why would someone choose to be negative?

WE CANNOT SEE ATTITUDE.

WE CAN

ONLY SEE THE BEHAVIOUR THAT IS

AFFECTED BY ATTITUDE.

OUR TEAM & ATTITUDE.

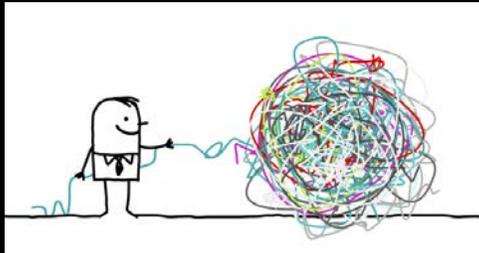
Good employee attitudes drive positive results. Bad employee attitudes put a drag on results. That's a fact proven by study after study.

"I do not much care for that man. I must get to know him better." - Abraham Lincoln

Porcupines send the message: "Get away from me!"



Complainers point out the negative symptoms of a situation without offering a solution based on the root cause.



Entanglers want everybody else to be involved in their issues. They want to be noticed, observed, listened to, and engaged—even if those issues are not the concern of the person in question.

Blamers are like complainers, pointing out negative symptoms, but blamers point the finger at a specific individual.



Stink bomb throwers make sarcastic (or worse) remarks, curse under their breath (or aloud), or even make loud gestures such as slamming or yelling.

Debaters always have an argument to make, regardless of whether it is a good argument or not.



HAPPINESS RESEARCH

(Why are some happier and more positive than others)

Is it nature or nurture? Are some people just happier and more positive than others because of genetics or traits they were born with?

Multiple research studies have shown characteristics of people who are happier with their lives.

These include:

1. Family connections and friendships
2. Contributing to the lives of others
3. Control over your own life
4. Leisure time activities
5. Music, pets, exercise, eating & sex (not in that order!)

FIVE TRUTHS ABOUT ATTITUDE

1. Attitudes have the power to lift up or tear down a team.
2. An attitude compounds when exposed to others
3. Bad attitudes compound faster than good ones
4. Attitudes are subjective
5. Rotten attitudes, left alone, ruin everything

"the money you make in any endeavour is determined only 12.5% by your knowledge and 87.5% by your ability to deal with people."

What are some
examples of situations
at work that may
“challenge” your
attitude?

*“Ability is what you are capable of doing.
Motivation determines what you do.
Attitude determines how well you do it.”*

SCENARIOS

A new opinionated staff member who thinks they have a better way of doing everything

A staff member that keeps slacking off and finding ways to not do things – or let other people do things for them

A slow team member that is really sincere, but very slow to pick things up

TIPS ON HOW TO GIVE PRAISE EFFECTIVENESS

Least

Programmed
Blanket
General
Traditional

Most

Spontaneous
Individual
Specific
Unique



- You control your own attitude
- Be aware of the attitude you are choosing your attitude determines your altitude
- Help team

Now just answer some questions in front of you

*I am convinced that life is
10% what happens to me
and
90% how I react to it.*

Adam Cunningham