

16 May 2015

Dear PACE Member

I don't know about everyone else but it does seem a common theme that everyone is busy and wondering where the year is going! There is also a lot of positivity out there which is good so long may that continue.

Upcoming PACE Member Meeting

Tuesday 31 May, 5.30pm – "Stand Up – Speak Up" James Cook Hotel Grand Chancellor

We are thrilled to advise that we've arranged for Heather Salmon, Facilitator and Performance Consultant from APEX Performance Solutions to join us for our May meeting. Heather specialises in the development and delivery of performance improvement programmes including: leadership development and mentoring, team effectiveness, customer service, creative thinking, time management and business writing.

Heather will be talking to us on the following topic - Speak up: Build your confidence and skills in speaking to groups:

- Build your credibility: Look and sound confident as you speak
- Three is the magic number: Organise your thoughts
- Begin and end well: Last words last longest and first words last second to longest
- Manage those nerves: The power of self-talk
- Just do it: Grab your opportunities to speak

Public speaking is considered the greatest fear a person can have, even greater than the fear of death. Heather's presentation will help everyone get confident to take that step, and I can hand on heart say that PACE is the best group of people to take that step with.

If you haven't RSVP'd please do so by Thursday 26 May to allow us to confirm catering.

Executive Secretary Magazine

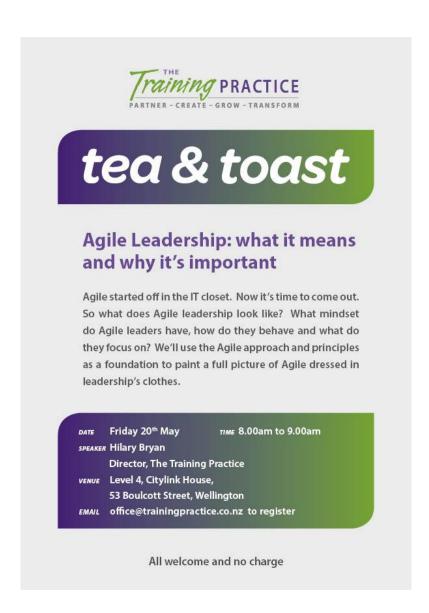
I sent an email last month that appear to be more of a sales push from Executive Secretary Magazine instead of what I thought it was going to be – a link to their newsletter online. If you don't already subscribe to their newsletter or joined their LinkedIn group I'd recommend it - http://executivesecretary.com/

Member Survey/Salary Survey

As I mentioned at the last member meeting, we will soon be sending out our biannual membership survey. In our last survey over 80% of members indicated they were happy to participate in an anonymous salary survey and thanks Madison Recruitment's assistance, we will be conducting a remuneration survey also. Please look out for this in your inbox soon – the results from the survey will help your management team shape the activities for PACE for the next two years.

All responses are anonymous. The results of the membership survey will be reported back to members, and Madison will present the results of the remuneration survey to members most likely at the October meeting.

If you have any questions relating to the survey please contact Chair Rebecca Dobbs.



St Johns Bar & Restaurant

St Johns have a few events on that PACE members may be interested in – details are attached to the email. There's a Pink Ribbon Brunch, a Charity Long Lunch and numerous other events over their Winter Fest!

Don't forget **St Johns** have a great offer for PACE members – if you book a dinner there and mention you are a member of PACE they will give you a voucher for 10% of the total bill! This voucher you can use yourself or use towards another company event you may hold at St Johns.

While mentioning member offers don't forget that the **James Cook Hotel** also offers a rebate to PACE members. The rebate is as follows:

- For spend up to \$4,999 incl GST – 8% rebate will be applied, for spend from \$5,000 incl GST – 5% rebate will be applied. Rebate only applicable to venue hire & catering spend. Must quote PACE membership details at time of enquiry. If you have any questions about functions at the James Cook, Dorothy Collis would be more than happy to talk through your requirements, functions.manager@jamescookhotel.co.nz or phone 04 499 9502.

Look forward to catching up with you at our next meeting.

Rebecca Dobbs Chair